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Welcome to the July edition of the LMBC newsletter. Although we are in the depths of winter, the LMBC committee is busy preparing for the 2014/15 season.

Much of what is in this newsletter is similar to what we have posted on the [LMBC Facebook](#) page in recent weeks plus some extra ramblings. I seriously suggest you Like our page if you want to keep up with the latest and greatest, not only from LMBC but other great events in Tasmania including the Meehan Monster and Cranky Penguin. Although newsletters are great, we are all time poor and for me that means less time on my bike! Get the idea?

In recent weeks LMBC have launched our new website. Although it doesn't look as fancy as our old site, it is far easier for us to update and keep fresh. Feedback about usability most welcome.

www.lmbc.org.au

The website now features an online and print version of our 2014/15 events. Check out the events tab for details.

Please feel free to contact the club with any thoughts you may have on how we can support MTB in Tassie. Of course we are always looking for volunteers, especially for helping out setting up and packing up our main events. Helping doesn't mean you can't race / participate but it does mean focusing on helping others rather than just yourself. Richie Porte supporter of LMBC's Pathways Program calls this [Paying it Forward](#). It would be great if others had the same mindset!

Wet Weather and our trails – Yep it's that time of the year again where common sense is in short supply. Yes NPWS are the only ones that can only close trails and LMBC will be working with them closely to make

LMBC Quiz Night – Lovin' the 80's

Yep, it's on again, LMBC's highly regarded Quiz Night. Be sure to book your table early as we have limited seating. Last year's Friday the 13th was a ripper so let's see if we can look for that '80's kit in the back of our wardrobes and dig it out. Please don't let Smithy's team keep the Golden Forks for another year.



Below link provides details about night including phone numbers and some ideas about what to wear...

When - Friday August 22th, 7pm

Where - Trevallyn Bowls Club

Why – Fundraising for Tracks & Trails

[Info at this link](#)

2014 / 15 Race Plates

As many of you will be aware, LMBC has invested in a new automated timing system for our XC type races. This frees up the demands of continually needing to find timing teams for events and will allow us to have a season's race plate. Plates will be of a higher quality and will have your timing chip fixed to it.

You will receive your season's race plate for free at your first LMBC event, although as part of a club fundraiser, we will be having a silent auction for numbers at our quiz night. This is for riders who may like a specific number! You have a choice of numbers

the calls early. Just because we don't call it doesn't mean common sense can't prevail and if it's wet please DON'T ride it! Pretty simple really because if you do, we will have to spend money fixing it. Yep, LMBC has to do the maintenance on these trails and given that many trail riders are not members of the club, they are spending your money each time they and you ride wet trails.

Cheers Damo

Gravity Enduro is coming to LMBC!

Race ya mates !

The LMBC committee is proud to announce that the club will be purchasing timing software that will allow us to conduct gravity enduro races from spring 2014. We have some planned gravity enduro races then ([see our events calendar](#)) as well as some Friday twilight gravity enduros around Launceston.

The entry fee for gravity enduros will be \$25 for [LMBC / MTBA members](#) and \$45 for non-members. It may be time for you to [join LMBC!](#) Membership brings many benefits for you and the LMBC!

Gravity Enduro naming rights sponsor wanted.

Please contact us.

Not sure what Gravity Enduro is all about? [Check out our website.](#)



from 5 – 200 at this stage. [See LMBC Quiz Night page for more details at this link.](#)

Please note – if you lose or damage your plate you will need to pay \$20 for a replacement and it will be a new number!

Hollybank Update

By all reports, Hollybank is going to be an incredible ride and has the ability to be shuttled for those that prefer working with gravity rather than against it!



What's really exciting is the ability for the club to have specific and separate courses for hardcore racers and novices at our Hollybank events. This will sure to attract families and those who want to enjoy the event experience and build on the already successful 2 hour events already held at Hollybank.

Hollybank is due for completion in September and will have a grand opening. Please keep off it until it is officially open!

Reserves Code of Conduct

A reminder to all trails users that mountain bikes HAVE TO give way to walkers, no matter what trail you are on in our Reserves. Pretty simple really!

Also, please warn walkers on your approach.

Social Rides

The past few social rides have been highly successful and this coming Sunday will surely please.



Looks like a doable ride for most, although some of us will do a little bit of pushing. Nothing wrong with that!

Notes from tassietrails.org include;

Mt Stronach is a great ride for cyclists with reasonable technical riding skills who enjoy their climbing and descending. You'll gain and lose up to 340 metres in altitude (or 280 metres if you only go to the end of the 4WD track rather than the trig point), but if you're confident on your bike it is worth every pedal stroke, even if you have to push your bike up the first section. It's really fun riding with a pretty nice view (and rock play area) at the top to make it all worthwhile.

8kms return (9.2kms to Trig Point)
Keen ones may like to do a few up and backs.....

Meet in main street of Scottsdale at 1 pm for a 1.30 start at Jensens Rd. map at <https://goo.gl/maps/n5sSb>

Bring bike & gear and water snacks etc.

Damo 0438 63 9374

Pathways & Junior Development

The LMBC Pathways and Juniors are going from strength to strength with some great sponsors helping LMBC support the development and aspirations of these up and comers.



photo by Emily Dimozantos www.motionphoto.com.au

LMBC Pathway Scholarship holders for 2014/15;

- Inness Ferrier
- Sam Fox
- Alex Lac
- Ewan Ferrier

Shadow scholarship holders

- Patrick Cooper
- Niamh Crocker

LMBC would like to thank the following Pathways & Junior Development sponsors.

Shaw Contracting
Richie Porte
Charles St Pantry
Clayton Constructions
Crowe Horwath
Hudson Civil Products
Capital Chemists
AutomotiveIQ
Pasta Merchant

Keep up to date with the [Pathways & Juniors at our website](#) and their [Facebook page](#).

Free Membership for newbies

It's an exciting week here at MTBA and after many hours of planning and work, our new Free MTBA Trial Membership goes 'live' at the end of this week – at www.joinmtba.com

This program is something I am very pleased to introduce and something that I identified early on after joining MTBA as a positive step to engaging any riders both with MTBA and with our network of clubs and activities.

Our newsletter this week goes to our 50,000+ fan base and I encourage any past member or participant of an MTBA activity, who has not been a member in the last three years, to give MTBA Membership a "try" on us. This opportunity is not a limited offer and will be an ongoing introduction for new members to MTBA. [Read more...](#)



Know where the above image is taken? First one to email the club with the correct location gets a free hot drink.

From the MTBA President

I read an article from the BBC Top Gear's James May a couple of days ago - so why am I talking about Top Gear here? Well, the article was on bicycles. James May was quite complimentary to cyclists, having been one since he was 3, and he talked up the benefits of cycling. But at the end of the article, he mentioned how cyclists rarely talk to each other or give a friendly nod when they see a cyclist coming from the other direction. From this, I deduced that he must be on a road bike because mountain bikers aren't like that.

I recall the comment made by Peta Mullens, a member of our Commonwealth Games MTB team for Glasgow, after her first mountain bike race in 2009 at Bendigo - which she won. Fresh from a stellar junior road and track career (and riding in road shoes with road pedals on a borrowed mountain bike) her first comment was not about the race, the track, how much time she had spent in the dirt that day or that it wasn't a great idea to put on lots of moisturising cream before hitting some dusty trails - those comments would all come later. Her first comment was about how friendly everyone was at this club event. [Read more...](#)

LMBC Note – If you are new to the club or doing an event for the first time, please let yourself be known to the organisers. The LMBC committee prides itself on running an inclusive and friendly club that is focused on participation and enjoying the great outdoors.

Keep up to date

www.lmbc.com.au

<https://www.facebook.com/pages/Launceston-Mountain-Bike-Club/114653972802>

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