

## **Tasmanian All Schools Mountain Bike Championships Information 27/3/15**

### **1<sup>st</sup> May 2015, Kate Reed Recreation Area.**

Kate Reed Recreation Area surrounds the Silverdome in Prospect, Launceston. It is easily accessed, and signed posted, from the Prospect exit off the Bass Highway. There is ample parking available. The race start will be from the south eastern carpark, between the Silverdome and the Midlands Highway on the map.

### **Times**

9:00	RACE REGO
10:00	RACE BRIEFING
10:20	U15 RACE (30-40 mins)
11:15	U17 RACE (50-60 mins)
12:30	U19 RACE (70-80 mins)
2:30	PRESENTATIONS

### **Format**

The races will be held in age groups with the length of the race increasing with age group. The length of the track will also be increased with each age group. The tracks chosen are relatively easy trails to ride, although trail riding experience is advised, students do not need racing experience. As the races are XCO (Cross Country) format they are a fixed number of laps, however if a rider is lapped they will finish a lap down (once the winning rider has finished other riders will not start another lap). Following are the approximate distances per lap, the number of laps and a description of the course (refer to map) for each age group.

U15 4.3 km, 3 laps. Silverdome track, berm short loop, berm track, fire trail, dumpy track, devil track, return to carpark.

U17 4.8 km, 4 laps. Berm track, fire trail, dumpy track, devil track, return to carpark.

U19 5.5 km, 5 laps. Berm track, fire trail, fenceline track, dumpy track, devil track, return to carpark.

Males and Females will start together in each age group, however they will be in separate categories. There are points available for Males and Females separately and medals will be presented to the top 3 males and top 3 females in each age group.

As per MTBA guidelines the age groups are calculated on the age of the rider on the 31<sup>st</sup> December 2015.

The Launceston Mountain Bike Club is running the Championships under the umbrella of Mountain Bike Australia, who are providing insurance coverage for the event.

Cycle 2 will be on site to help with basic bike repairs. Labour is provided free, however if spares are required they will incur a charge so best to come with some spares or some cash.

First Aid will be provided on site by Medical Edge.

Note that there are no other facilities onsite, riders/schools will need to bring their own food, water, chair, shelter, etc. There are shops close by (Old Tudor and Prospect Vale) and the LMBC will be providing toilets.

## MAP

